

# StudySkills

Working in professional partnership with academic colleagues to embed academic study skills within the curriculum to meet defined learning outcomes.

Please note, this is not a comprehensive list of our offerings and we are always happy to work with you to develop bespoke sessions. Please get in touch with your Liaison Librarian if you would like more information on the content of any of these sessions or to discuss other library skills sessions such as 'finding and evaluating resources'.

## INTRODUCTORY SESSIONS

These sessions are aimed at students in their first semester of study but can also be requested as refresher sessions.

### TIME MANAGEMENT (1 HOUR)

Designed to give students practical advice and tips on managing their time effectively whilst at university.

### TRANSITIONING TO UNIVERSITY (1 HOUR)

An introduction for new students focussing on managing the transition to higher education.

### UNDERSTANDING ASSESSMENT CRITERIA (1 HOUR)

Introducing students to university assessment criteria and offering practical advice on how to apply it to their own work.

### EXPLORING ONLINE TOOLS AND RESOURCES (1 HOUR)

Designed to help students become independent learners by introducing them to online tools and resources for academic development.

### STRATEGIES FOR READING (1 HOUR)

To help students manage their reading and begin to read like a university student.

## ACADEMIC WRITING

These sessions can be adapted to students at any stage in their degree - please contact your Liaison Librarian to discuss the specific requirements of your group.

### WRITING AN ESSAY/REPORT (2 HOURS)

An interactive session designed to guide students through the process of planning, structuring and writing an academic assignment.

### UNDERSTANDING AND USING ACADEMIC LANGUAGE (1 HOUR)

To help students decode academic language and begin to develop an academic voice in their own work.

### USING YOUR READING IN YOUR ESSAYS (1.5 HOURS)

Designed to help students use their reading and research effectively to construct convincing arguments.

### PLANNING AND WRITING A DISSERTATION (2.5 HOURS)

Guiding students through the process of planning, researching and writing a dissertation/final project.

### REFLECTIVE WRITING (1.5 HOURS)

Helping students understand how to write reflective assignments in an academic way.

### CONDUCTING A LITERATURE REVIEW (1.5 HOURS)

This session aims to help students understand the role of a literature review in research projects and provide practice in evaluating literature and structuring a critical review.

## CRITICAL THINKING

These sessions can be adapted to students at any stage in their degree - please contact your Liaison Librarian to discuss the specific requirements of your group.

### CRITICAL THINKING, READING AND WRITING (2 HOURS)

Build students understanding of the importance of criticality in university study and improve their critical thinking.

### CONSTRUCTING AN ARGUMENT (1 HOUR)

To help develop students skills when writing an argument.

### CRITIQUING LITERATURE (1 HOUR)

Designed to help students develop their skills in critically evaluating literature.

### INTERPRETING STATISTICS (1 HOUR)

Aimed at helping students critically evaluate statistical information.

## OTHER ACADEMIC SKILLS

These sessions can be adapted to students at any stage in their degree - please contact your Liaison Librarian to discuss the specific requirements of your group.

### INTRODUCTION TO REFERENCING (1 HOUR)

Introducing students to the principles of referencing and giving guidance on avoiding plagiarism.

**\*Please indicate what referencing format you would like your students to use\***

### DELIVERING CONFIDENT PRESENTATIONS (1 HOUR)

A session designed to build students' confidence around presentations and public speaking, offering practical advice on structure, delivery and managing nerves.

### REVISION AND EXAM STRATEGIES (1 HOUR)

Advice and guidance on revising effectively for exams and managing nerves at exam time.

### PROOFREADING AND EDITING SKILLS (1 HOUR)

Practical advice and strategies for editing and proofreading assignments.

BOOK VIA OUR ONLINE FORM:

<https://library.sunderland.ac.uk/services-and-support/staff/study-skills-support-for-staff/study-skills-request-form/>

library.sunderland.ac.uk/skills

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JOURNEY**

